



ANNEX C

HEALTHY SOIL  
HEALTHY FOOD  
HEALTHY PEOPLE



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# York Universal Free School Meal Pilot: Quantitative Analysis

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## Breakfast Pilot

- 121 pupils (54% girls, 46% boys), 36% eligible for a FSM.
- Daily free breakfast club run for 20 minutes before school in addition to existing paid-for childcare.
- Fortnightly menu rotation.

## Lunch Pilot

- 470 pupils (50% boys, 50% girls), 36% eligible for a FSM.
- Free school lunch available to all pupils at the school (previously £2.50 per day).
- Three-week menu rotation each term. Four choices: main, vegetarian main, jacket potato, cheese panini.



# Data collection

Data routinely collected by schools was made available:

## Burton Green: Breakfast Pilot

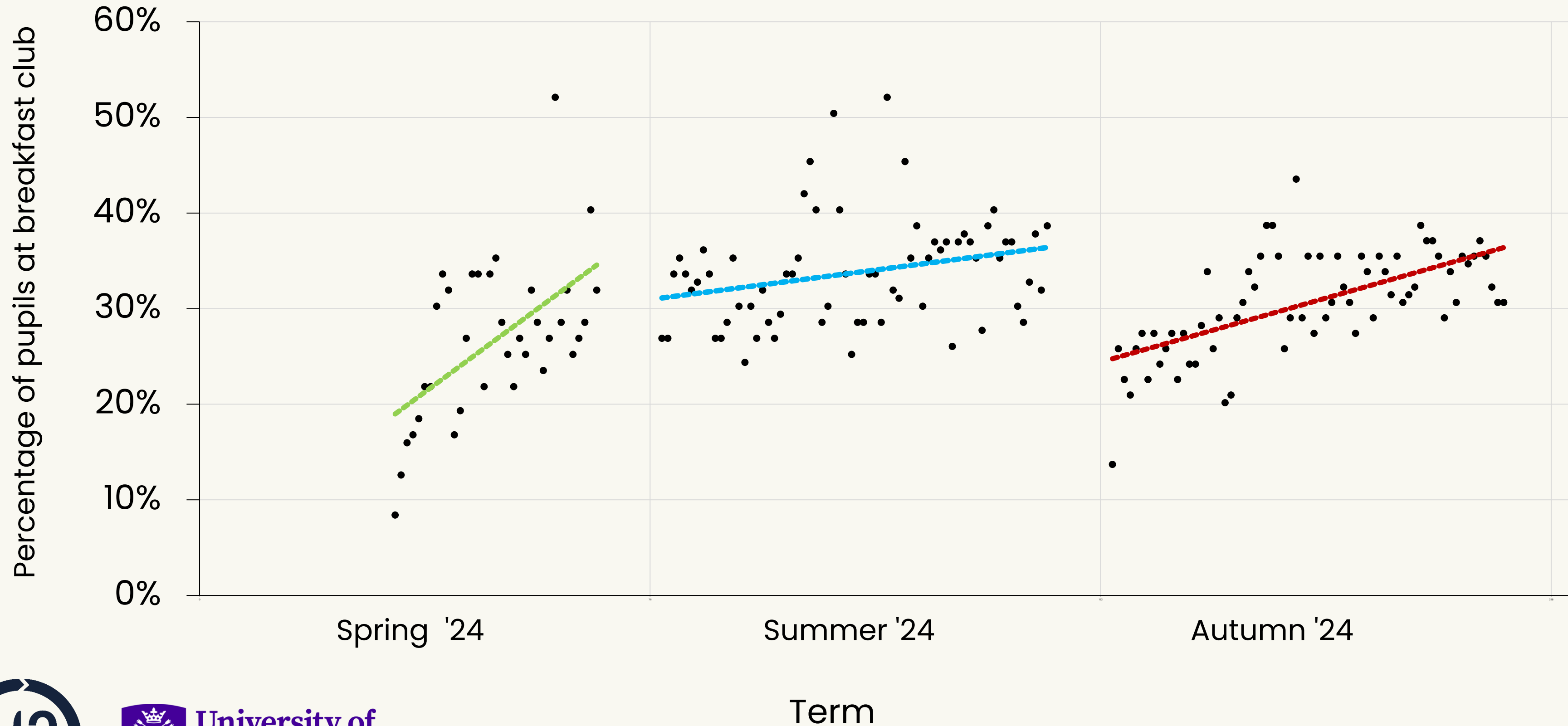
- Individual attendance & punctuality by term (4 x terms)
- Number of pupils attending BC each day

## Westfield: Lunch Pilot

- Individual attendance data by term (6 x terms)
- Each pupils daily lunch choice

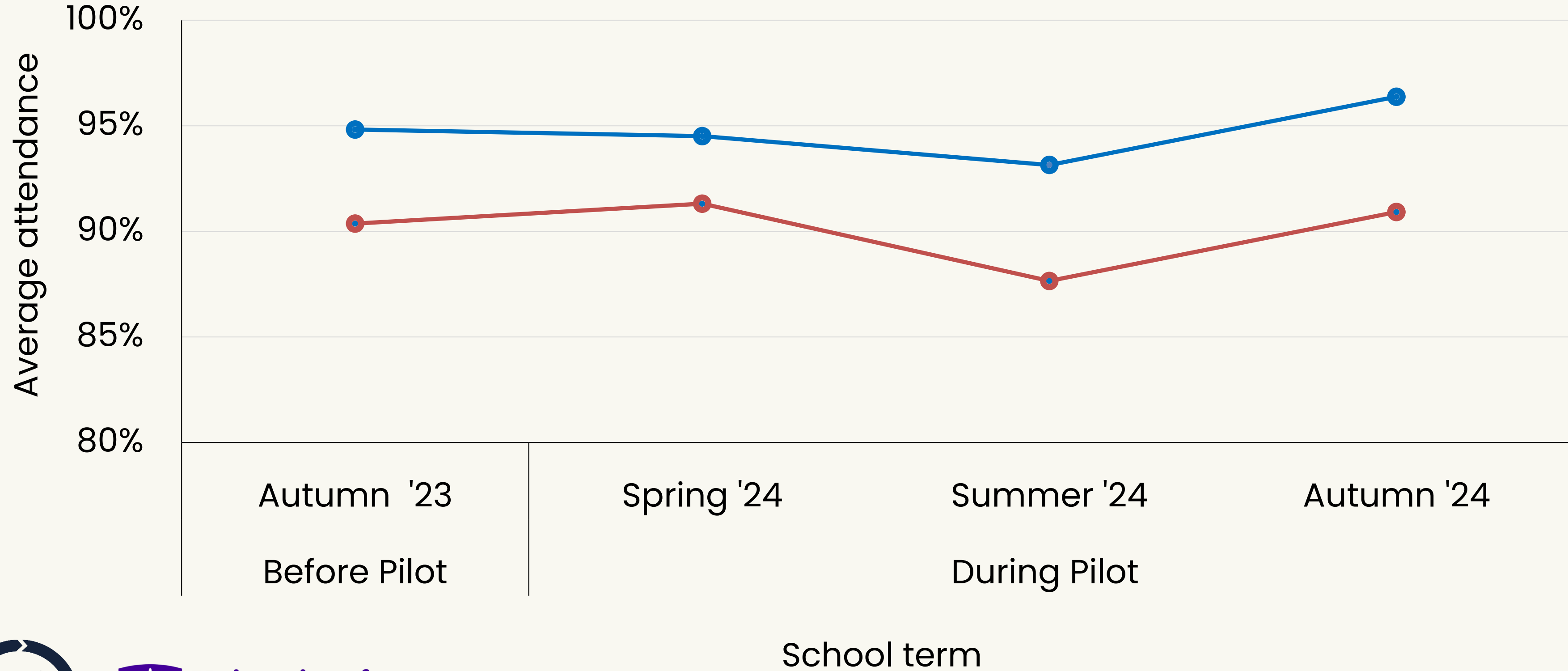
Both schools: each pupils' year group, gender, & FSM eligibility status

# Breakfast Pilot: Uptake



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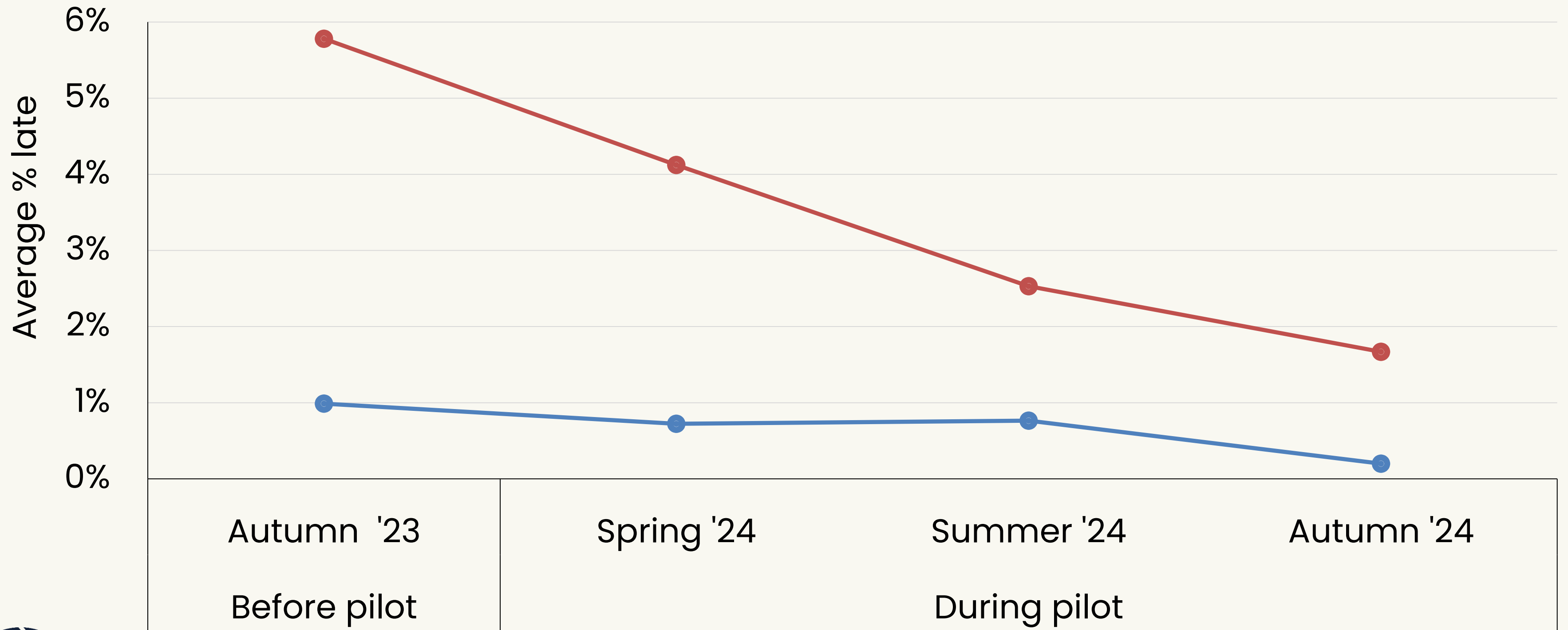
# Breakfast Pilot – school attendance split by FSM eligibility



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● Not FSM ● FSM

# Breakfast pilot – punctuality split by FSM eligibility

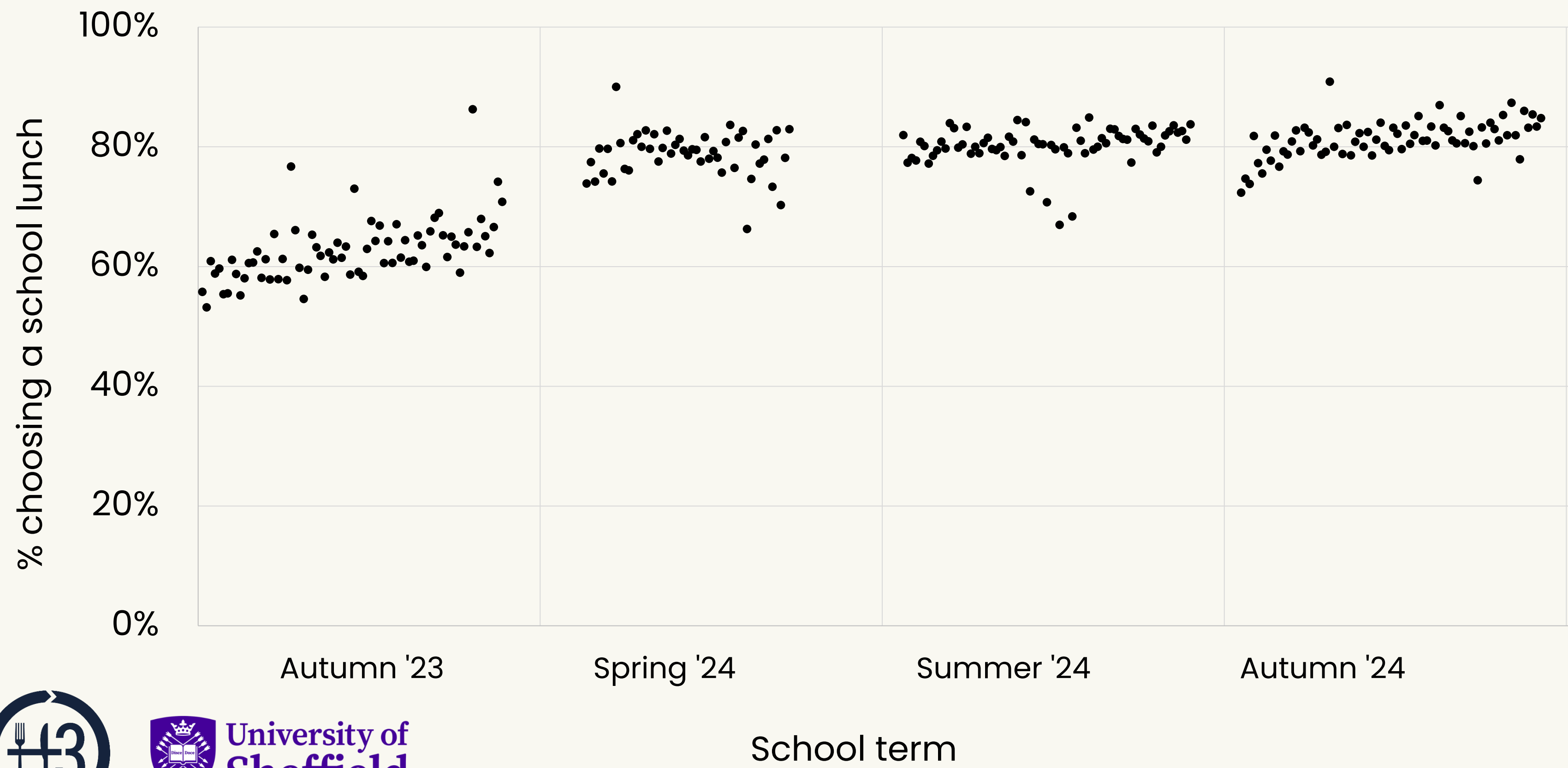


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School term

● Not FSM ● FSM

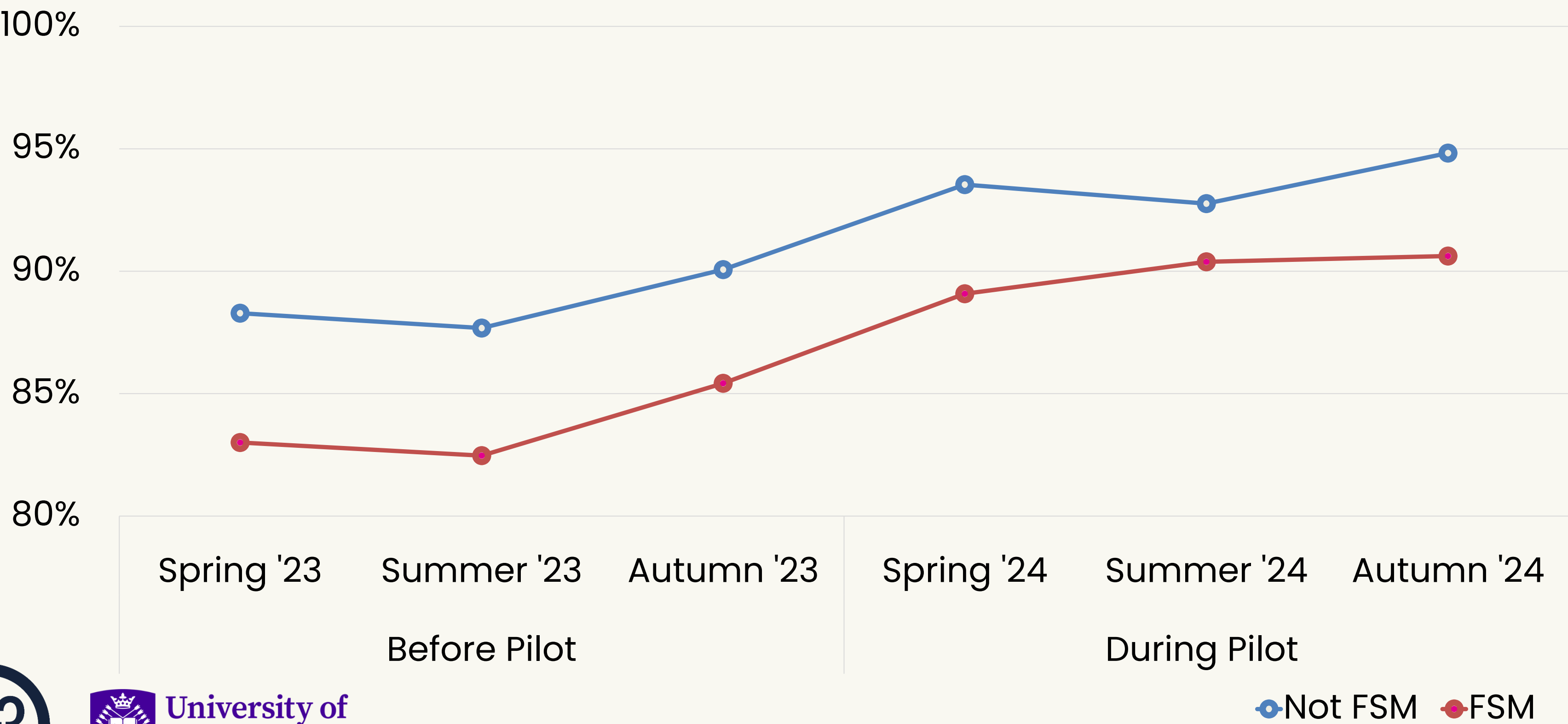
# Lunch Pilot – lunch uptake



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School term

# Lunch pilot – attendance split by FSM eligibility





# Key takeaways

- Universal lunch provision increased uptake, particularly for those not previously eligible.
- The universal breakfast club encouraged greater-than-average uptake.
- School attendance increased for all groups in-line with lunch uptake.
- The universal breakfast club decreased lateness & increased time spent in school, particularly for FSM eligible pupils.



# Thank You

**Professor Louise Dye**

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